

The Ripple

Orewa Surf Life Saving Club Newsletter

August 2017

Hi All and welcome to this edition of the Ripple.

At a time when we are reviewing our present it is good to remember our past. When we look at the foundation of our club, those early pioneers that founded what we now enjoy have mostly been forgotten or not known by many so it is with sadness that we open this edition with the passing of our last surviving original Orewa Surf Life Saving Club founders:

Members,

It is with sadness that we have received advice that our last surviving foundation member Katz Mackenzie passed away on the 26th July in Australia after a short illness aged 91.

He was instrumental in the establishment of our club and in 1959 received a Northern Region Service Award in recognition of his efforts.

Katz and his wife last returned to the club for our 60th Reunion. He was very proud to see how the seed he had helped plant had grown and flourished over the years.

“On Patrol Katz.”

John (Botch) Chapman. OSLSC President.

I had the pleasure to speak with one of Katz’s boys on Saturday and his last thoughts and the ongoing thoughts of his wife have been around the good times they shared at Orewa Surf Life Saving Club.

As we celebrate the memory of one of our founders his legacy lives on in the way that we are approaching our building development program. Over the next few weeks we will be announcing a number of initiatives aimed toward taking us into the future with clear goals and values that have been arrived at by the membership of the club and we trust you all whether you are a lifeguard, coach, child, parent or social member embrace these initiatives with an open mind and take them with you into the wider community and share them with your friends.

We are and always have been built on a set of values built around belonging to a family and sharing our knowledge and caring for each other. In this we wont see change but only enhancement. Looking forward to catching up with you all Trev.

Upcoming events

Aug 12 SLSNR Awards

Dinner (results to follow)

Aug 12 SLSNR Pool

Champs round 2

Aug 27 Winter Boat Series Round 2 Orewa Beach

Sept 2 SLSNR Pool

Champs round 3

Early bird registration for new season.

Mid September Junior Surf Registration Days.
Dates to be advised.

Late September Lifeguard Refresher.

Events also available on
[our website calendar](#)

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Surf Sport

Winter? Who says it's too cold to continue with Surf Club? There are many misconceptions within our community about what surf life saving and surf sports are all about. We are not just around during the warm, balmy, long summer days, patrolling our beaches and participating in events. As most of you reading this will know, our club continues to train in all areas of surf life saving all year round, including the sports side of the club, with various groups continuing through the tough cold, and dark nights following a strong winter programme. After nationals, the athletes all had a well deserved break, after a very successful year for the club as a whole. Finishing 5th at Nationals 2017 has given our athletes and crews the motivation to get even stronger this year, and this has been evident with the good turnout at trainings across all disciplines, beach, surf, boats and the pool.

In June the first off-season senior sports camp was held down at Waihi Beach, with those attending staying at the Waihi Surf Life Saving Club. The weather was great, which meant water and land training was achievable. These weekends are designed as a great platform for all sport disciplines to come together, share ideas, and participate in team bonding activities. All agreed this was one of the best camps held to date, with some thought provoking discussion culminating in a newly formed set of values: R.E.A.L—Respect, Environment, Attitude, Leadership. More will be circulating from the club about these values in the near future.



The winter pool champs is an event that has increased in its contribution to all clubs overall points. Our first NR inter-club event was held recently with some very creditable results including PB's across all events. We look forward to the next inter-club event in mid August. The work is all contributing to the club events at Northern and National level where our Masters, Juniors and elite all contribute to the overall points. Both juniors and Masters have been working hard on Sunday mornings in this event. If your interested in being involved please email: sports@orewasurfclub.co.nz. You don't have to be qualified to compete here.



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I am thrilled to be heading our Surf Life Saving Sports Committee this year, and am looking forward to working with the board and all those involved at all levels, so that we can ensure we continue with our growth and commitment to our athletes and Life Saving Families. We have an exciting year ahead and under the guidance of Zac, our Head Coach, we will continue with our positive attitude, team work, camaraderie and dedication while maintaining a supportive environment for all to enjoy.

Belinda Langman, Surf Life Saving Sport Chair.

From the Coach:

Last season saw Orewa have one of its most successful seasons competition wise, with outstanding performances across the board throughout the entire season. We learnt that we have a solid program and that our club mates will always be there to back us up in competition no matter what the event we line up for.

Moving forward, we're looking to build on the gains we have made in the past few seasons, and will aim at becoming a tighter knit group. Our strength lies in our attitudes and respect towards ourselves, each other and our club.

As always, teams are a big focus for Orewa, and will continue in that fashion into the coming season. As lifeguards, we need to work in teams to fulfill our roles on the beach, and in competition it is no different.

Senior, pool and craft trainings are already in full swing which means it's going to be an exciting season!

See you on the beach: Zac.

Life Saving Committee from The Chair: Peter Wood

Firstly the Life Saving Committee and the club would like to recognise and thank the contribution delivered by Mark Fergus. His direction and dedication over the last three years has been an inspiration to all. His leadership and enthusiasm reinforces the moto "In it for Life"

This inspirational figure has reinforced our desire to bring our focus back to our primary role within the community and that being Life Saving. We would welcome any new and innovative ideas.

Winter Training: What a time to refresh your skills, we are always looking for IRB operators and crewmen to assist with new trainees. The first aid and IRB training courses are proving to be a huge success.

Patrol Rosters: The new seasons rosters are currently under development and will be released shortly. We will be instigating a couple of new initiatives this season to cater for our changing dynamics on the beach so please keep an eye on these developments as we release them.

Lifeguard Training: The new training program will be released in the near future so please make a big effort to encourage friends and acquaintances to register their interest.

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Lifeguard Training Continued: Those of us looking to be more involved can also register for instructor training where your wealth of knowledge can be passed on to others.

Remember it's not only new lifeguards that require training we all need to get in there and refresh our skills. Don't be shy join us at the pool, beach or class room and revise those skills.

Event Guarding: Many of the events conducted at our beach and at other locations rely on the protection we can provide. Event guarding is a key component to the clubs income stream and provides a method for you to fund your club based activities such as Nationals. Enroll now so you don't miss out.

We are looking for a person or persons to be considered as event coordinators. If you are interested please contact the club administrator.

Equipment: We are a not for profit organisation and as such we have to rely on sponsors and charitable trusts to fund our equipment replacements. These avenues of funding are not easily given and are not guaranteed so we rely on everyone to treat the existing gear with respect and care. We may not be able to replace it when it's damaged and as such we cannot deliver the service we need to. Please look after our gear and it will look after our community.

Summary: Lifesaving is our core activity and every function within the club is a training mode to provide safer beaches for the community in which we live. Remember we are the Orewa Surf Life Saving Club and as such have a responsibility to portray a high level of competence and professionalism to the community. We all have various skills and knowledge that can be used, so please share your ideas and time with us.

Junior Surf Update:

With so many things happening in the background to ensure another successful summer for our younger members it's time to start thinking about the season to come as we have the first Northern Region Carnival of the year on 25th November and the National Under 14 Oceans 18 Carnival from the 1st—4th March. To ensure the success of these plus our ongoing requirement to cater to these younger athletes / members we need your help as we are desperately short of help in some areas. We need these positions filled or we will struggle. Sprat and Tadpole Head Coach; A Group Managers; A Group Assistant Coaches; C Group Managers; Results Coordinator; Junior- Co-ordinator (Beach); Fundraising; and BBQ Assistants; If you can help please call Brenda Larsen Junior Chairperson on 021 299 1113 or BLarsencleaning@gmail.com.

Pool Champs training is well under way with a squad of 20 –25 members ranging in age from 10 –13. They all got to experience training in the National Aquatic Centre and by all accounts had some fun. The Northern Regional and National pool champs will be at this venue on the 2nd—3rd September and 13th—15th October respectively so our athletes will be in an environment they know. We would love to see you at these events lending your vocal support to our Club.

Junior registration for new members will be at the club mid September, with more information to follow shortly. You can however beat the rush by going onto the Orewa Surf Life Saving Club website and following the links to register online.

I hope to see you all on the beach this summer. Brenda.

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Sponsors are People Too!

Our sponsors are more than a name on a piece of equipment, they are members of our wider communities who have helped us be where we are today. Many of them have had a very long association with the club and want to see us do well. Over the next few months we will try and introduce you to some of them and hopefully you will make them welcome when ever they are at the club or a club event.

Hopper Construction Ltd.

Guy and Debbie Jones have long been associated with the club and the company they manage is a major contributor to our fund raising. You can not help but notice all of the equipment showing the Hopper Construct Ltd logos. The surf boats that they have funded for the club have been an essential part in our success to date. Their daughters Mandi and Nikki have both been gold medalists and dedicated life-guards at the club.



Coastal Properties Ltd.

Brendan Coglan is another long term member of the club and valued supporter. You will find Brendan's photo about the club with many of the old faces crewing canoes and boats. The company he founded has been a major contributor to the club in many visible and not so visible ways. It's not uncommon to see him at the club either working away or offering expert advice. He continues in an active mode with the club in the Mighty Masters boat crew where now days their self belief is now better than their ability. However they are World Championship Silver medalists.

Barfoot & Thompson Real Estate Orewa: Barfoot & Thompson are major sponsors throughout the Northern Region of numerous sporting organisation, cultural events and Starship Hospital. "We at Barfoot & Thompson Orewa are very pleased to be associated with sponsorship of Orewa Surf Life Saving Club not only because of it purpose, "to protect our community in the water" but also importantly, because it enriches the Surf Life Saving Club Community through training and coaching



for skill, sporting endeavor and fellowship. Thankyou to David Carrel and your team for your continued support.

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What's Happening With The Building?

Unfortunately our little corner of the world makes haste slowly. Having said this there are a number of things happening, however a major part relies on the contribution of YOU our community partners. We have completed a major part of the process and that was the resource consent, but that doesn't mean we can pull the building down and start the new development. We have to raise the all important cash. Politely put **FUNDRAISING**. We need to raise a substantial amount and that's not easy. The first part of the fundraising phase is the feasibility Study. This has returned data and will continue to investigate the current monetary climate that will look at things like our brand recognition and recognition of our value to the community.

In conjunction with the fundraising study will be the Business Feasibility study. This study looks at our business model and how we will plan the project and the running and operations of the new building. This work is required by us, lenders and those wishing to gift funds.

Many of you will have noticed that the existing club house has been getting a spruce up. You may wonder why all this effort when the building will be coming down. The answer my friends is that we are judged by lenders on how we are seen and our existing facility was sadly in need of some love and attention. This will generate a positive image to potential lenders and will also project a great image to the NZ Under 14 National Champs Oceans 18 visitors and guests. We have almost completed the outside and then we will move into the bar and restaurant area. The final part of this stage will be our club operations area. The nett result we hope will be to encourage a greater acceptability from the community and thus portray our value to that community in a very positive light.

Of course we mentioned earlier its about YOU. We need every contact or potential sponsors name so that we can make representation in a professional manner so that we can fund this project. This redevelopment will not happen if we all wait for someone else to do all the work. We are relying on every member of our community to be involved in a positive way. It doesn't matter if you think a company wont be interested as we will never know until they say no.

PLEASE help us help every member of our community to provide a facility to take us through the next 100 years. The sooner we can get the funds the quicker we can commence the redevelopment.

Thank you all in anticipation Any person wanting more information please refer to myself, Zane Taylor or John Chapman via the administration office or directly. We value every enquiry.

Cheers Zane Chair Building Redevelopment.

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Wayne Franich Drainage Ltd

From the Secretaries Desk.

Now is the time to work on our fitness whether we walk, run, cycle, paddle, swim in the pool (or in the ocean if your nuts), go to the gym or something that will get our heart rate up a little. Winter is our preparation time, a time to build our strength and endurance. For some of us thirty minutes a day is sufficient for others (Botch) you need more. The main ingredient is continuity and before long you'll have a bronzed god body like mine, (although some say I missed the bronze, the long flowing locks of hair and the god like qualities.)

It is hard to start and finding someone to train with helps. Once we have the mental fortitude the habit will form and we're in the groove. Just remember small beginnings as the biggest trap is to much too soon leaves us sore and disheartened making it easy for us to excuse ourselves from continuing. Remember those first runs or weight sessions that take a week to get over where as a slow old mans shuffle will achieve a better outcome and for some of us this is almost the only option as we become older.

Why are we trying to convince everyone to exercise ? Its simple really we need everyone on the beach in the water helping out whether as a lifeguard, parent helper or volunteer. The club will be increasing our area of influence over the summer and we need your expertise. There are many instances of parents helping in the water and with our children getting that buzz about beating mum or dad in a race or in a water skill activity. My kids love me to be there working out beside them either with my 22 year old at the gym or my 12 year old in a kayak at Lake Pupuki at 7 am on a Saturday morning where the water is really cold. I can vouch for that as I still spend an equal amount of time swimming (unintentional) as I do paddling.

The last points for this fitness and participation are the friends we make and above all is in that one off instance when we are called on to save a life. The need to act, swim and support another human being in difficulty. This is our roll, our family, our community our club, join us you wont regret it! **Cheers Shane Burke**

The Goss from the pen of evil.

There are numerous rumours that a certain boaty is trying to present a new façade. Suits, has developed leadership skills, on committees and being a nice guy. Don't worry Jake we know underneath your still there.

Our mighty masters are under threat from a younger newer model. Don't worry lads you need to be a world silver medallist and extremely good looking to be our equals. There will be a few stories to come out of this crew and rest assured we will find them.

There is a rumour that the master of celebrations at the recent beer tasting has an aptitude and rare skill for this role including promoting motor boating and spanking. On this topic we here that Jasper made his standard early exit.

Business House Sponsors

Thank you for your support

**Get Your Business Name here.
We would love to share our culture with you.**



Looking forward to another exciting season ahead, see you on the beach and the excitement of holding Oceans 2018 at Orewa.

Faron Turner
Chairperson

It was an honour to represent Orewa SLSC at the Northern Region Awards of Excellence held at Shed 10 on Saturday 19th August. Our members were represented as finalists in most categories and claimed the following awards on the night:

- > Hamish Lockie was awarded U16 Sportsman of the Year.
- > Lucy Makaea awarded U16 Sportswomen of the Year.
- > Pool Champs Club of the Year.
- > Northern Region Championship Trophy.
- > Competition Club of the Year.
- > Faron Turner NR Examiner of the Year.
- > Northern Region SLS Service awards to Ian Siddins and Trevor Keinzley.
- > Northern Region SLS Life Membership to John Chapman.
- > Best Patrolled Beach.
- > Northern Region Surf Club of the Year.

On the 23rd of September, John (Botch) and I will be attending the Surf Lifesaving NZ Awards of Excellence being held in Auckland and this will bring to a close the 2016/2017 season, we are soon to find out which awards Orewa SLSC has been shortlisted for.

High Visibility Vests are a piece of Personal Protective Equipment (PPE) that is **compulsory** when you are undertaking club training or when using club owned equipment on the water and it plays an important role in:

- 1) showing our community how often and hard we train to be the experts in the water environment.
- 2) showing other water users where we are training and clearly identifies us as a group and not individual beach users.
- 3) assisting lifeguards and fellow search and rescue personal in retrieving a clubbie should they fall unconscious or slip under the water during training or in a race.

With this all being said, it is also compulsory for any under 14 year old members who are undertaking club training or using club owned equipment on the water, to wear their Orewa SLSC skull cap. This is an identified hazard management strategy so that water safety personal and lifeguards are able to clearly identify the difference between Under 14's and Over 14's on the water.

It is your responsibility to arrive at training with the correct equipment and to take responsibility for PPE. Coaches, sweeps and managers are very busy organising training plans, water safety requirements and trying to make sessions fun and don't want to be tied up managing disorganised members.